

# NEWSLETTER

INSPIRE ~ SUPPORT ~ ACHIEVE

## Attendance

We have had a strong start back to school with overall attendance for September at 97%. Well done to all our boys and girls for being such regular attenders. Do try to have your children in school by **8.55am at the latest**, with doors open from 8.45am. We know mornings can be a stressful time in many houses but being ready to start class at 8.55am is a valuable routine to establish and settles everyone for the day ahead.

I had the pleasure of visiting P3McClelland last week to present them with their attendance trophy for September, achieving an incredible 99.1% attendance. Well done to P1Beattie who came second with 98.7%. There was a tie for third with P1Dickson and P6McIvor achieving 98.5% attendance.

As you know, if your child is ill, it is right and proper to keep them at home. Similarly, if your child has been vomiting, please keep them at home for 48 hours. This reduces the spread of any bugs around their peers and staff. Please continue to let the teacher or office know if you have a child off school.

## Parent Teacher Interviews

Our Parent Teacher Interviews will commence next week, with the majority being on the week beginning 23<sup>rd</sup> October. Notes with your allocated time have now been sent home. We would ask you to do your very best to be available for the meeting or call, but if the time doesn't suit, then please contact the teacher to have it rescheduled at a mutually convenient time.

As per normal practice, pupils will leave school early on Wednesday 25<sup>th</sup> and Thursday 26<sup>th</sup> October to facilitate the interviews.

- P1 - 3 pupils will start to leave from 12.15pm
- P4 & 5 pupils will leave at 12.25pm
- P6 & 7 pupils will leave at 12.30pm

Please make sure that all pupils are collected promptly on these days. Thank you.

## Half Term Disco

One of the most popular events on the school calendar, the Half Term Disco, is fast approaching!

Please note, it is on a Thursday evening this year – your child will get a note home with further details next week. You can see the times for each session on the poster. We are also offering a Sensory Disco for pupils in school who find the crowd and noise in the hall too much. This will run in advance of the whole school discos, from 5.15pm - 5.35pm.

Pupils are very welcome to come in fancy dress and we always look forward to seeing a range of costumes on the evening! Thanks to all those members of the PTA who have offered their services. We couldn't run the evening without you!

Friday 27<sup>th</sup> October will be a non uniform day in school as we finish for half term, with a £1 donation suggested for each child going towards school fund.



## 5 Star Canteen!

The kitchen had an unannounced inspection by the Environmental Health Officer last Thursday. After the inspection of the premises and records, our visitor had no issues to report at all! We are delighted to report the canteen has now received its certificate and is delighted to have maintained its 5 star hygiene rating!

Can I say a huge thank you to our staff in the canteen. The catering staff do a wonderful job, with the new menu proving to be very popular. Please do consider supporting our canteen if this is something you have not considered for your child before. A menu has been attached alongside this newsletter.

To coincide with the non uniform day at the end of this half term (Friday 27<sup>th</sup> October), the canteen will run a change to their published menu. They will now have a special party meal as the only option that day, with chicken nuggets, cocktail sausages, chips and ice cream for dessert.

## TTRS Competition – Island of Ireland Rocks

Now that our boys and girls are up and going with TTRS again, we thought we would put our tables knowledge to the test and take part in the "Island of Ireland Rocks" competition.

The competition involves schools in the island of Ireland (Northern Ireland and the Republic of Ireland). It runs from 07:30 Tuesday 17<sup>th</sup> October 2023 to 19:30 Thursday 19<sup>th</sup> October 2023. It's all done online via [play.ttrockstars.com](https://play.ttrockstars.com).

Children can play in any gamemode with every correct answer to a multiplication or division question, earning themselves, their class and the school a point. The Times Tables Rock Stars platform will calculate the class average (the number of correct answers per pupil in the class who play during the competition hours, subject to a daily 60-minute limit (see below). Winning classes in the school and in the competition as a whole will be the ones with the highest average. To support player well-being, there is a daily time limit of 60 minutes per player. Once the player goes beyond 60 minutes of play on that day, they will still earn coins but will no longer earn points towards the competition.

In the spirit of the competition, please don't play on their behalf but by all means, encourage and support them to the extent that it doesn't cause high stress levels or impact on family plans. We hope you enjoy the challenge!!

## Personalised Christmas Cards

It's hard to believe that we're talking about Christmas in October but, believe it or not, our pupils have already started creating their own little personalised Christmas card. These will be sent home on **Monday 23<sup>rd</sup> October** for you to view. If you wish to purchase any to send to friends and family, please return the completed order form by **Thursday 26<sup>th</sup> October**. The order will be compiled and sent to the printing company to be printed over the half term holidays. The company will return all printed orders to us by mid November, just in time for you to begin sending out your Christmas cards. Thanks for your support and we hope you enjoy your child's Christmas card.

## Macmillan Breakfast

We had a fantastic turnout for our Macmillan 'Big Breakfast' last Friday morning, in aid of Macmillan Cancer Support. Thank you to all who came along and supported this worthy cause. We raised £300 which we have now passed on to the charity. As ever, your support is greatly appreciated.

## Parking at School Gates

We continue to receive calls from local residents, and indeed our own parents, about inconsiderate car parking at pick up times at both Merion and Hillmount Avenue gates. Can I ask that as you park, ensure you are not blocking a driveway. If you are using Merion, please do not park or stop at the turning circle outside our gate. If you can avoid this area with your car altogether, this would reduce risk when staff are dismissing pupils at 2pm and 3pm. At the Front Gate, please make use of our car park and avoid parking on double yellow lines and along the exit to the car park as this again increases risk of a child being knocked down at pick up time. We would really appreciate your support with this going forward.

## After School Clubs

This week sees our staff led after school clubs finish for three weeks to allow for parent interviews and half term holiday. External clubs will continue to run based on the dates you have paid for. Our staff clubs will commence again after half term for a further 3 weeks.



### **Crown Jesus Ministries Puppet Show Visits School**

Klasskids and Crown Jesus Ministries visited our school last week with Grandad, Max and the other mischievous puppets in their team. All our pupils had a wonderful morning watching Max and his friends travel to different fun places in Grandad's newest invention "The Whofter". As always, our pupils enjoyed every second of the Puppet Show and we would like to thank Helen and her team for taking the time out to visit our boys and girls.

### **Harvest Assembly**

As a school community, we like to think about others at this Harvest time. Can we say a huge thank you to all the families who supported our collection of items for the local foodbank over the last couple of days. We passed all these items on to Newtownabbey Foodbank today at our Harvest Assembly, led by Rachel and Phil from Christian Education Fellowship.

### **School Safeguarding**

If you have any safeguarding concerns, then the following is the school team:

Designated Teacher –	Mrs Norris
Deputy Designated Teacher –	Miss Earls
Safeguarding Governor –	Mrs Victoria Woodside

The school's Safeguarding Policy is available to all parents on the school's website or from the school office, on request.

### **Diary Dates**

PHA Flu Vaccinations	Monday, 16 <sup>th</sup> October
PHA Flu Vaccinations	Tuesday, 17 <sup>th</sup> October
P6H Digital Schoolhouse visit to BHS	Thursday, 19 <sup>th</sup> October
P6 Forest School Day 2	Friday, 20 <sup>th</sup> October
Christmas Cards home for ordering	Monday, 23 <sup>rd</sup> October
Hockey Blitz – Belfast High School	Tuesday, 24 <sup>th</sup> October
P7 visit to BHS	Wednesday, 25 <sup>th</sup> October
Parent/Teacher Interviews early finish 12.30pm	Wednesday, 25 <sup>th</sup> October
Parent/Teacher Interviews early finish 12.30pm	Thursday, 26 <sup>th</sup> October
Christmas Card orders returned to school	Thursday, 26 <sup>th</sup> October
Half Term Disco	Thursday, 26 <sup>th</sup> October
Best Kept Garden Awards 6.30pm	Thursday, 26 <sup>th</sup> October
Non Uniform Day £1 donation	Friday, 27 <sup>th</sup> October
Half Term Holidays	Monday, 30 <sup>th</sup> October – Friday, 3 <sup>rd</sup> November inclusive
School recommences 8.45am	Monday, 6 <sup>th</sup> November

### **External News**

#### **Rugby Fun Day at Ballyclare Rugby Club**

Ballyclare Rugby Club are organising another family fun event for October and hope to raise funds for the many boys attending the P7 rugby trip. Everyone is welcome to attend and you do not need to be a member to come along.

**World Cup Final at BRFC Family Fun Day + Pre-Match Food Saturday 28th October** – Following on from a mighty morning of fun at the Colour Run, P7's have organised an afternoon of family fun followed by delicious food on World Cup Final Day. There are loads of activities from 2-5pm, food 5-7pm and a raffle to round things off well before 8pm kick off. If bouncy castles, assault courses, soak-the-coaches (and more) doesn't sound like your thing, the 1st XV are playing Enniskillen at home, you're welcome to come along and support then join the Pre-Match grub by Geoff "The Chef" Baird. Click the link and get signed up asap, spaces strictly limited and available on first-come-first-served basis. Up the 'Clare, Up the Greens! <https://brfctour24.sumupstore.com/product/rwc-final-family-fun-day>





We at Strange Events Management are pleased to offer children schemes during the spring, summer and autumn months of 2023.

Due to the Covid 19 pandemic, we found it necessary to adapt the schemes and have continued to embrace this format .

With the new format, numbers of children admitted to each scheme have been reduced to adhere to Covid19 guidelines. To manage the number of children allowed we will be operating with advanced bookings only, with no exceptions being made on the **Camp** days.

Age range for booking will be **6 yrs – 14 yrs ( exceptions may be made for Sporty 5 year olds )**

The Morning sessions will run from 10am to 1.00pm ( Registration From 9.30am )

#### **Childrens Scheme Dates**

Week 1 – ( Easter ) Wednesday 12<sup>th</sup> - Friday 14<sup>th</sup> April 2023 (**Ballyclare High School**) (Full)

Week 2 – Tuesday 4<sup>th</sup> July – Thursday 6<sup>th</sup> July (**Ballyclare High School**)

Week 3 – Tuesday 22<sup>nd</sup> August – Thursday 24<sup>th</sup> August (**Ballyclare High School**)

**Week 4 - Tuesday 31<sup>st</sup> October – 2<sup>nd</sup> November (Ballyclare High School)**

#### **Registration details**

Registration for all Schemes 2023 will take place by way of email and registration forms. Any updates/amendments to these dates/times will be communicated by way of e mail and social media.

Only on completion of a **camp registration form** and **relevant fees paid** will a place be confirmed. Please book early to avoid disappointment. All camp fees to be **paid in full two weeks** prior to the camp dates.

Booking capacity and numbers are subject to change .

If a session is oversubscribed, a reserve list will be taken. This is not available to those who have already been successfully allocated a place on the summer scheme.

If a place becomes available, our staff will consult the reserve list in the order listed and work through with offers until places are filled.

In the event of a summer scheme being undersubscribed, the decision may be taken **not** to run the session. A final decision will be taken in the week before the scheme is due to commence and anyone whose child had been registered for the session will be notified of the cancellation.

#### **Registration Day**

When signing their child/children on the camp morning, adults are advised to wear face coverings/masks. Please bring your own pen to sign your child/children in.

Registration forms and Parents Information leaflet will ONLY be available on a pre-registration email.

Only those with Parental Responsibility (Legal Parents/Legal Guardians) can complete these consent forms.

Please bring relevant documentation, ON THE DAY, for proof of age and address e.g. Birth certificate, utility bill – your child's place will not be confirmed until these documents are provided.

**What activities will be included?**

Program content will be compliant with risk assessments and is subject to change according to specific coach availability. Each scheme will have a varied programme of activities and events. This may include the following:

- Athletics, running, jumping and throwing
- Urban Street Games
- Football
- Hockey
- Tag Rugby / Rugby
- Tennis
- Cricket
- Music / Dance
- Arts & Crafts

All coaches and assistants will follow COVID 19 protocol.

**How much does it cost?**

Full Cost for 1 Week of the Childrens scheme: 3 mornings: **£25.00 per child**

Individual days: **£10 per child. Payment to be made via PayPal, [Friends and Family Option](#) to [weestrangey@gmail.com](mailto:weestrangey@gmail.com)**

Due to the on going Covid19 risk, queuing should be socially distanced and adults are advised to wear face masks when picking children up at 1pm.

We look forward to meeting all our future Young Athletes at the camps.

Kind Regards  
Paul Strange





## Halloween Camp 2023 Registration Form

**Please complete one form per person**

Name	
Age	
D.O. B	
Address	
Postcode	

**Please tick which month / day your child will be attending**

Halloween Camp 31 <sup>st</sup> Oct – 2 <sup>nd</sup> Nov		Christmas Camp ( Dec / 1 Day / TBC )	
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Day 1		Day 2		Day 3	
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**Please Detail any relevant Medical Conditions**

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(Please bring **any Medication/inhaler's** with you each day and make the **Registration Rep** aware of the items)

**Person to Contact in an Emergency**

Name	
Address	
Postcode	
Tel Home Number	
Mobile Number	
Work Number	
Email	
Relationship to applicant	

Photographs may be taken for promotional purposes. If you are happy for photographs to be taken, please tick:

Yes		No	
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I Consent to emergency medical treatment being given if deemed necessary during the activities.

Name (please print)
Signature
Date







# EMOTIONAL HEALTH AND WELLBEING IN EDUCATION



**THERE ARE A RANGE OF SERVICES AND RESOURCES AVAILABLE TO HELP SUPPORT THE EMOTIONAL HEALTH AND WELLBEING OF CHILDREN AND YOUNG PEOPLE IN EDUCATION. CLICK ON THE LINKS FOR MORE INFORMATION**

## CHILDREN AND YOUNG PEOPLE

### TEXT A NURSE

The confidential Text A Nurse service for post-primary pupils is available Monday to Friday 9am-5pm. Contact numbers for your area can be found on the PHA website - [Text A Nurse - pupils](#)

### INDEPENDENT COUNSELLING SERVICE FOR SCHOOLS (ICSS)

Available to post-primary age young people - ask your school / setting for more details.

### YOUTH WELLNESS WEB

Website by Children and Young People's Strategic Partnership (CYPSP) providing a range of wellbeing resources - [Youth Wellness Web](#)

### OUR GENERATION APP

The Our Generation App (Peace IV funded project) - play games, collect stars and learn about mental health and resilience. Download from [Google Play](#) or [Apple Store](#)

## PARENTS/ CARERS

### TEXT A NURSE

The confidential Text A Nurse service is available Monday to Friday 9am-5pm and can be accessed by parents, carers and school staff. Contact numbers for your area can be found on the PHA website - [Text A Nurse](#)

### SOLIHULL ONLINE COURSES

Free online courses for all parents, carers, grandparents and teens. Nurturing emotional health and wellbeing from bump to 19+ years. Help understand your child's feelings as well as your own - find out more at [Northern Ireland - inourplace](#)

### RISE NI

RISE NI Website provides information for parents from health professionals to help develop the foundational skills for learning. Visit [RISE NI](#) for more information.

## SCHOOLS

### TEXT A NURSE

The confidential Text A Nurse service is available Monday to Friday 9am-5pm and can be accessed by parents, carers and school staff. Contact numbers for your area can be found on the PHA website - [Text A Nurse](#)

### RISE NI

Contact your local Health Trust Coordinator for more information.

### REACH

Education Authority Youth Service led programme available in schools for children and young people aged 6-19. Visit [REACH](#) to submit a request for support.

### BEING WELL DOING WELL

The [Being Well Doing Well](#) programme aims to support schools (nursery, primary, post primary, special and EOTAS) to develop a Whole School Approach to Emotional Health and Wellbeing.

### EMOTIONAL WELLBEING TEAMS IN SCHOOLS

Health practitioner support for post-primary schools. Find out more at [Schools - EWTS](#).

### CCEA WELLBEING HUB

The hub provides a range of helpful and relevant learning activities that can support promoting mental health and wellbeing. Click [Schools - CCEA Hub](#) to find out more.

### EA HEALTH WELL HUB

Health and Wellbeing support for staff. Click [EA Health Well Hub](#) to find out more.

## FURTHER INFORMATION

### YOUR CHILD'S MENTAL HEALTH

Visit [NI Direct](#) for more information.

### DIRECTORY OF SERVICES

These directories list the organisations that offer services to help improve mental health and emotional wellbeing. Find out more at [Directory of Services](#).

### TAKE 5 STEPS TO WELLBEING

Most of us know when we are mentally and physically well, but sometimes we need a little extra help to keep well. Find out more at [Take 5 Steps](#).

### SUPPORTING LEARNING

Useful information on helping your child with their education. Find out more on [NI Direct](#).

The Department of Education recognises the importance of emotional health and wellbeing and in collaboration with the Department of Health published the Emotional Health and Wellbeing in Education Framework in 2021 where you can find out more - [EHW in Education Framework](#)



## Online Safety Newsletter

October 2023

### Parental Controls

Does your child have a games console? If yes, have you set up age-appropriate parental controls? The controls vary across the different consoles, but all will allow you to restrict spending and communication for example.

#### PlayStation

Set up your account as a family manager and create a separate child account so you can tailor their activities. Find out more here: <https://www.playstation.com/en-gb/support/account/psn-safety-parents-guide/>

#### Xbox

You can download an app to manage your child's gaming experience. Find out more here: <https://www.xbox.com/en-GB/apps/family-settings-app>

#### Nintendo Switch

Nintendo also offer a free app to monitor what and how your children are playing. Find out more here: <https://www.nintendo.co.uk/Nintendo-Switch-Family/Nintendo-Switch-Parental-Controls/Nintendo-Switch-Parental-Controls-1183145.html>

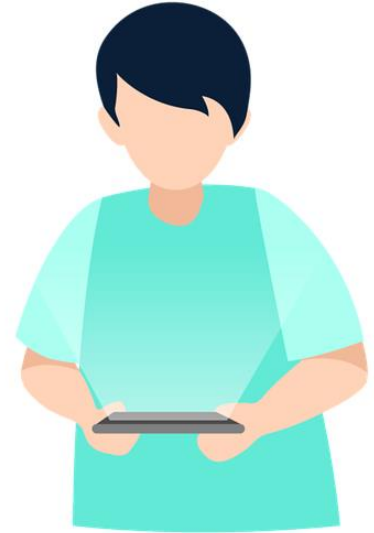
### Does your child watch livestreams?

#### What is livestreaming?

Livestreaming is when an individual broadcasts video live over the internet. People can watch livestreams from any device that is connected to the internet.

#### Who is watching livestreaming?

Research from Ofcom reported that 57% of 3 – 17 year olds have watched live streams and the most used platforms to watch live streams were YouTube and TikTok. The research also showed that the percentage watching content on livestreaming app/sites increased by age. A third of 3-4 year olds were watching live content with this number growing to eight in ten of 16-17 year olds. This is reported in Children and parents: media use and attitudes report 2022 (ofcom.org.uk).



#### What are the risks?

There are risks associated with watching livestreams that you should be aware of. The main risk being that your child may see or hear something inappropriate as your child may come across themes or content that is not suitable for them. It is difficult to moderate live content as it is happening in real time.

#### How can I help my child?

- All online platforms have an age rating, ensure your child only accesses platforms that are appropriate to their age. For example, TikTok has an age rating of 13.
- For any platforms that your child uses, ensure appropriate parental controls and privacy settings are applied.
- Take an interest in what your child is doing online and on a regular basis, ask your child to show you what they are accessing.
- Ensure your child knows how to use any reporting/blocking tools on the app that they are using and as always please ensure that your child knows to talk to a trusted adult if they see anything that concerns them online.

#### Further information

- <https://www.childnet.com/help-and-advice/livestreaming-parents/>
- <https://www.thinkuknow.co.uk/parents/articles/what-is-live-streaming/>





# Playing games online

Does your child play games online? We have outlined some points that you may wish to consider to try and create a safer experience for your child.

## Have you set up parental controls?

As well as setting up appropriate parental controls through the game's setting, ensure you have set them up on the console/device your child is playing on. For example, many consoles allow you to restrict the games accessed by age.



## Chatting to strangers

Some games will allow communication, for example (FIFA and Fortnite). Depending on the game, this may be via the in-game text chat, direct messages or talking through headphones. Some games do offer the ability to switch communication off or restrict bad language so make sure settings appropriate to your child are set up for each of the games they play.

It can be difficult to moderate online chat so ensure your child knows how to block and report other players who make them feel uncomfortable and that they know to talk to you or a trusted adult if they have any concerns. It can also be very easy online for children to behave in a way that they would not if they were face to face with each other. Talk to your child about how they are speaking to others online and encourage them to talk to people online with respect, like they would if they were face-to-face.

## Is the game age appropriate?

Before buying the game, check that your child is old enough to play it. All games will either have a PEGI rating or be rated by the App Store /Google Play. UK Safer Internet Centre have published a blog, which shares tips on what to do if your child asks about playing a new game:

- <https://saferinternet.org.uk/blog/help-my-child-wants-to-play-games-that-are-too-old-for-them-2>

## In app purchases

In addition to the above, you should be aware of in app purchases as lots of games include the option to purchase additional items/subscriptions so ensure you do not have payment cards saved or set up restrictions/pin code to approve.

## Further information

The NSPCC provide further guidance and support regarding this topic:

- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-games/>

## Teaching children about money

Lloyds bank have published information and resources to help us help our children develop good financial habits. The information is split into age groups so you can find support tailored to your child's age. You can find out more here:

<https://www.lloydsbank.com/help-guidance/family-finance/teaching-children-about-money.html>

**EDUCATION AUTHORITY - NORTH EASTERN  
FAIRVIEW PRIMARY SCHOOL MEALS KITCHEN**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>WEEK 1</b>	Hot dog or crispy cod fishcakes	Savoury mince or Italian chicken & tomato pasta & garlic bread	Chicken Curry & Naan Bread or Chicken Panini	Roast beef or chicken casserole	Margherita pizza or fish goujons in soft shell taco & zingy tomato salsa
28/08/2023	Coleslaw & Salad	carrots/salad	Garden Peas & sweetcorn	carrots, parsnips and Cabbage,	Beans/Salad/Coleslaw
25/09/2023	Chips/Baked Potato	Mashed potatoes	Rice and wedges	roast & mash potatoes	Chips or baked potato
23/10/2023	Fresh fruit pot	Banana Yoghurt	Chocolate sponge	Strawberry jelly,	Strawberry mousse
20/11/2023	and biscuit	Pot	& custard	icecream & fruit	& fruit
18/12/2023					
22/01/2024					
<b>WEEK 2</b>	Sausage roll or sweet & sour chicken	Pasta bolognese with garlic bread or BBQ chicken pizza	Chicken Curry & Naan Bread or Salad filled	Roast chicken or poached salmon	Beef burger in a bap or peppered chicken
04/09/2023	spaghetti hoops & peas	Sweetcorn & salad	Pitta with pulled pork	cauliflower or broccoli	sweetcorn/salad
02/10/2023	chips or rice	Potato wedges	and coleslaw, garden peas	and carrots	chips or rice
30/10/2023			Rice/wedges	mash and roast potatoes	
27/11/2023	Icecream, chocolate	Zesty orange sponge	Fresh fruit salad		Flakemeal biscuit &
01/01/2024	sauce & sliced pears	& custard	and yoghurt	Blueberry muffin	& fruit
29/01/2024					
<b>WEEK 3</b>	Crumbed Fish fingers	Italian beef with crusty roll or pepperoni or	Chicken curry or	Roast chicken or	Pork sausages with
11/09/2023	Mighty Mac'n'cheese	margherita pizza	Steak burger in a bap	savoury mince	tomato ketchup or gravy
09/10/2023	with garlic bread slice	garden peas/salad	& cheese	carrot & parsnip and	salt n chilli chicken wrap
06/11/2023	beans/coleslaw	diced potatoes	rice/salad	cauliflower cheese	with garlic mayo
04/12/2023	chips or mash			mash or roast potatoes	mini corn on the cob/
08/01/2024	Artic roll with		Lemon Drizzle cake		spaghetti hoops, chips/mash
05/02/2024	Peaches and pears	Fresh fruit pot	& custard	Melon wedge	Decorated fairy cake
<b>WEEK 4</b>	Chicken curry & Naan	Ham & cheese pizza or	Beef bolognese with garlic	Roast gammon or	Chicken goujons or
18/09/2023	bread or BBQ chicken wrap	Pepperoni with garlic dip or	bread or code fishcakes	stuffed chicken	Sweet chilli chicken panini
16/10/2023	with crunchy salad	tex mex beef & veg	with tartare sauce,	Broccoli/turnip	salad/baked beans
13/11/2023	green beans	enchilada, sweetcorn & red	peas	mash or roast potatoes	chips or mash potatoes
11/12/2023	rice	pepper/coleslaw, chips	potato wedges		
15/01/2024	cornflake tart	or baked potato	Melon, mandarin &	Icecream, pears &	Homemade Ginger Biscuit
12/02/2024	& custard	Jelly & mandarin oranges	pineapple & yoghurt dip	chocolate sauce	& fruit

**NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.**

**For further information about allergenic ingredients, please contact the School**